

Northampton Swimming Club Summer Festival Open Meet

(Affiliated to the ASA East Midland Region)

(Held under ASA Law and ASA Technical Rules)

Ken Marriott Centre, Bruce Williams Way, Rugby, CV22 5LJ Sat 12th & Sun 13th July 2008

Non-National Qualifiers Meet

To Club Entries Officers!

Thank you for your interest in our Open Meet. It's a great pleasure to send you the Meet Information Pack. You should find enclosed:

- **Programme of Events (below)**
- **Meet information**
- **Official entry forms**
- **Coaches Pass Application form**

Our gala is run on a first come first served basis and in recent years has been "full" weeks before the closing date. Clubs attending previous galas have already approached us, indicating that the gala may be oversubscribed again this year.

Please feel free to photocopy and distribute these forms within your own club. If you distribute outside your own club you should ensure that all four pages are copied.

Please check your swimmers' entry forms carefully, particularly the 'personal' section.

Please also ensure that the swimmers times entered have actually been performed by the swimmer in the event in question. Northampton Swimming Club do **not** support the unsporting practice of knowingly entering false times or entering swimmers that have achieved a national time prior to the closing date of the meet.

If anything is unclear, or you need some information not contained in the pack, let us know either by post at 78 Robert Street, Northampton NN1 3BJ (address on the entry form), e-mail steve.boyce@btinternet.com or by phone on **01604 622264** (24 hour answer phone)

| Programme of Events | | | | | |
|--|--------------------------|----------|-----------|------------------------|----------|
| Session 1 - Sat 12 July 2008 - warm up 8.00 am for 9.00 am start. | | | | | |
| 1 | Female 200m Freestyle | All Ages | 2 | Male 200m Freestyle | All Ages |
| 3 | Female 100m Butterfly | All Ages | 4 | Male 100m Butterfly | All Ages |
| 5 | Female 50m Backstroke | All Ages | 6 | Male 50m Backstroke | All Ages |
| Session 2 - Sat 12 July 2008 - warm up 12.50pm for 2.00pm start | | | | | |
| 7 | Female 200m IM | All Ages | 8 | Male 200m IM | All Ages |
| 9 | Female 100m Backstroke | All Ages | 10 | Male 100m Backstroke | All Ages |
| 11 | Female 50m Butterfly | All Ages | 12 | Male 50m Butterfly | All Ages |
| Session 3 - Sat 12 July 2008 - warm up 5.00pm for 5.30pm start | | | | | |
| 13 | Female 200m Backstroke | All Ages | 14 | Male 200m Backstroke | All Ages |
| 15 | Female 100m Breaststroke | All Ages | 16 | Male 100m Breaststroke | All Ages |
| 17 | Female 50m Freestyle | All Ages | 18 | Male 50m Freestyle | All Ages |
| Session 4 - Sun 13 July 2008 - warm-up 8.20.am for 9.30 am start | | | | | |
| 19 | Female 400m Freestyle | 10/over | 20 | Male 400m Freestyle | 10/over |
| 21 | Female 200m Butterfly | All Ages | 22 | Male 200m Butterfly | All Ages |
| 23 | Female 50m Breast | All Ages | 24 | Male 50m Breast | All Ages |
| Session 5 - Sun 13 July 2008 - warm up 13.30pm for 2.30pm start (to finish at approx 5.30pm) | | | | | |
| 25 | Female 200m Breaststroke | All Ages | 26 | Male 200m Breaststroke | All Ages |
| 27 | Female 100m Freestyle | All Ages | 28 | Male 100m Freestyle | All Ages |
| 29 | Female 100m IM | All Ages | 30 | Male 100m IM | All Ages |

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Meet Information and Competition Rules

- 1) The competition is open to amateurs only as defined by the ASA and will be swum under ASA Laws and ASA Technical Rules. The promoter is Northampton Swimming Club.
- 2) This meet is intended for swimmers who have not gained a National time. Entries from swimmers who later gain a national time and submit a refund application before the gala will be refunded a small admin fee may be deducted.
- 3) The competition will be open to age groups **9,10,11,12,13,14,15** and **16 and Over** age groups. Ages will be **age at date of gala** i.e. **age on 13th July 08**.
- 4) **Entries will be accepted on a first come first served basis**. No early entries will be rejected. The promoter reserves the right to review all entries received before the closing date and may accept a small number of entries that an absolute first come first served policy would reject.
- 5) All events will be seeded on submitted entry times. The last two heats will be spearheaded.
- 6) The pool is 25 metres long and 6 lanes wide. All events start and finish at the deep end. The "One start" rule will be in operation throughout the event. Starts will be over the top, except Backstroke.
- 7) Electronic timing will be in use. Swimmers must not leave the pool by climbing over the time pads.
- 8) An award will be made to the fastest 6 swimmers in the 9,10,11 and 12 years age groups and the fastest 3 swimmers in the 13,14,15 and 16 Over Age groups. The award may consist of a medal, trophy, pennant or certificate at the discretion of the Open Meet Committee. Awards can be collected from the award collection point.
- 9) There will be Top Boy and Top Girl awards made to the competitors with highest points totals. Points 6,5,4,3,2,1 will be awarded for first to sixth places. In the event of equal points, the number of first places and thereafter subsequent placings as necessary will be taken into account.
- 10) All entry times should be converted to a 25m pool. Entries without entry times may be refused. In the event of significant interest in particular events the organisers may vary the start times of sessions 2,3 or 5 to best facilitate swimming and rest periods.
- 11) Entry cards will be returned for each swim. Cards will normally be returned to the swimming club and not the individual swimmer – see entry form.
- 12) Entry cards for each session must be placed in the boxes provided 45 minutes before the start of the session. Non-compliance **may** result in exclusion from the event.
- 13) Competitors must report to the Competitor Stewards when they are called. Any competitor not reporting in time **may** be excluded.
- 14) Competitors will only be allowed on the poolside for the session in which they are competing and will only be allowed into the spectator area if wearing appropriate footwear and clothing.
- 15) Coach passes are available for £15 for one day or £20 for both days. They include programme, results sheets, food and refreshments – two meals on Saturday and one on Sunday. If a club has 10 or more swimmers entered, it is recommended that there is one pass per 10 swimmers.
- 16) The charge for spectators will be £3.50 per day. Programmes will be extra.
- 17) Result sheets will be posted after each event. A full set can be requested to be sent to your home address at a small charge.
- 18) Entries are to be made on the official entry form (photocopies accepted) and returned by the closing date of Thursday 29 May 08. Entry fees are £4.50 per event. Please make cheques payable to "Northampton Swimming Club".
- 19) A swim shop will be in attendance.

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| | | | | | | | | | | | | | | | | | | | |
|---------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| REGISTRATION NUMBER | | | | | | | | | | | | | | | | | | | |
|---------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|

Forename.....SurnameD.O.B...../...../19.....

CLUB.....MALE / FEMALE

ADDRESS.....

.....POST CODE.....TELEPHONE NUMBER.....

e-mail address.....@.....

| EVENT | Session | | Event No. | | ENTRY TIME | Cost (£4.50 / event) |
|------------------------|---------|-----|-----------|------|------------|-------------------------|
| | Sat | Sun | Female | Male | | |
| 200m FREESTYLE | 1 | | 1 | 2 | | |
| 100m BUTTERFLY | 1 | | 3 | 4 | | |
| 50m BACKSTROKE | 1 | | 5 | 6 | | |
| 200m INDIVIDUAL MEDLEY | 2 | | 7 | 8 | | |
| 100m BACKSTROKE | 2 | | 9 | 10 | | |
| 50m BUTTERFLY | 2 | | 11 | 12 | | |
| 200m BACKSTROKE | 3 | | 13 | 14 | | |
| 100m BREASTSTROKE | 3 | | 15 | 16 | | |
| 50m FREESTYLE | 3 | | 17 | 18 | | |
| 400m FREESTYLE | | 4 | 19 | 20 | | |
| 200m BUTTERFLY | | 4 | 21 | 22 | | |
| 50m BREASTSTROKE | | 4 | 23 | 24 | | |
| 200m BREASTSTROKE | | 5 | 25 | 26 | | |
| 100m FREESTYLE | | 5 | 27 | 28 | | |
| 100m INDIVIDUAL MEDLEY | | 5 | 29 | 30 | | |
| TOTAL ENTRY FEE | | | | | | £ |

I hereby declare that the above particulars are correct and that I am an eligible competitor in accordance with the laws of the ASA and will abide by the conditions laid down by Northampton SC for this competition.

Signature of competitor..... Counter signature (If Under 18)..... Date.....

I certify that the above information is correct..... Club Official

Entry cards will normally be returned to swimming clubs. If other members of your club will not be entering you should provide a Self Addressed Envelope. Please allow postage for two sheets of A4 at 5gms each plus entry cards at 2gms each plus the weight of your envelope. Return the completed form, together with the entry fee to: Northampton Swimming Club, 78 Robert Street, Northampton NN1 3BJ

CLOSING DATE For entries is **Tuesday 20th May 08** Cheques made payable to 'Northampton Swimming Club' **Late or incomplete entries may be rejected.**

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Coaches Pass Application Form and Club Contact Information

| | | | |
|---|------------------|------------------|---------------------|
| Club | | | |
| Contact details for entries | | | |
| Address | | | |
| Telephone | | | |
| e-mail | | | |
| Contact info for Coach /results if different | | | |
| Address | | | |
| Telephone | | | |
| e-mail | | | |
| | 1 day Sat | 1 day Sun | Two day Pass |
| No. Passes Required | | | |
| | @ £ 15 | @ £ 15 | @ £ 20 |
| Amount Due | | | |
| Names of Coaches using passes | | | |
| | | | |
| | | | |
| | | | |

Applications for coaches passes please by closing date for entries : Thu 29 May 2008

Where there is a club entry only one SAE is required per club .

Please allow enough postage for 5 sheets of A4 at 5 grams per page plus entry cards at approx. 2grams each. Please do not forget to allow for the weight of your envelope. "Sellotape" may be applied to your envelope to ensure it remains intact in the post.

Return the completed forms, together with the entry fees and a S.A.E to:

Northampton Swimming Club 78 Robert Street, Northampton NN1 3BJ

Cheques made payable to 'Northampton Swimming Club'

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OFFICIALS REQUIRED

Are you able to help by officiating at one or more sessions?

We will feed and water you if you cover two/three sessions in a day!!!

Please can Clubs pass this to all the officials they have.

Contact : Fiona Gidden at FGidden@aol.com

| | | Please Tick box you are available |
|-----------|-------------------------------------|--|
| Session 1 | Saturday 12 th July 2008 | |
| Session 2 | Saturday 12 th July 2008 | |
| Session 3 | Saturday 12 th July 2008 | |
| Session 4 | Sunday 13 th July 2008 | |
| Session 5 | Sunday 13 th July 208 | |

| | |
|---------------|--|
| Name | |
| Address | |
| Qualification | |
| Email Address | |

PLEASE RETURN THIS FORM ASAP TO FIONA GIDDEN